

## What is Respite Services?

The goal of Respite is to relieve stress, prevent isolation, and promote a healthy and balanced life.

Services offered across all life stages include early childhood, school age, transitioning, adulthood, and the golden years.

Respite gives caregivers the opportunity to step away from the emotionally and physically challenging role of providing care to a loved one.

Caregivers are able to run errands, attend appointments, participate in special events, take overnight trips, or use the time to relax.



“Knowing that we can be loved exactly as we are gives us all the best opportunity for growing into the healthiest of people.”

~ Fred Rogers ~

## TradeWinds' Vision

*The vision of TradeWinds is to be the leading provider for adults and children with barriers to enhance their full potential in the community.*

## Organization Values

*The following are the core values that guide our organization:*

- \* Respect*
- \* Professionalism*
- \* Integrity*
- \* Teamwork*
- \* Compassion/Patience*
- \* Quality*



TradeWinds  
Realizing Potential

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# Respite Services

Temporary Relief  
for a  
Primary Caregiver



Empowering individuals of varying abilities to live to their fullest potential with dignity, integrity, choice and community inclusion.

The things that  
make me  
**DIFFERENT**  
are the things  
that make me

**ME**

~ A.A. Milne ~  
Winnie the Pooh



### **INTAKE PROCESS**

When our agency receives a referral from the State Case Manager, the referral packet is thoroughly reviewed by the TradeWinds Admissions team. This team will determine if TradeWinds can successfully meet the needs of the participant and can provide outstanding service to the participant. All required documents are requested by the Admissions Coordinator and safely secured in the main file room. The family and participant will be asked before the start of Respite Services to provide some likes/dislikes and different activities he/she would like to participate in so a schedule can be developed before the start of Respite Services.

### **Reimbursable Activities**

Reimbursable activities under Respite care services include the following:

- Assistance with toileting and feeding
- Assistance with daily living skills, including accessing the community and community activities
- Assistance with grooming/personal hygiene
- Meal preparation, serving, and clean up
- Administration of medication(s)
- Supervision
- Individual services

Most people see what is,  
and never see what can be.

~ Albert Einstein ~



**FOR MORE INFORMATION CONTACT:**

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### **Location of Services**

Respite Services can take place in the family home, the community, staff residence, camp setting, DDRS-approved day habilitation facility, or community outing. The services can vary between hours spent with the participant or overnights. Respite can be scheduled regularly or occasionally, depending on the needs of the primary caregiver.

### **Respite Staffing**

Respite is with existing, trained TradeWinds staff. Another popular option is preferred staff (someone recommended by family or caregiver). Individuals recommended by family who are not TradeWinds employees would be required to complete TradeWinds application and hiring process, training programs and orientation.

Respite Service can benefit the primary caregiver by providing relief and give the participant fun and exciting activities, which will also increase socialization skills.

If at any time, you must cancel Respite Services, please provide at least a 24-hour notice unless there is an emergency. For all emergencies, please call at least an hour before the scheduled service.



The purpose of life, after all, is to live it,  
to taste experience to the utmost,  
to reach out eagerly and without fear for  
newer and richer experience.

~ Eleanor Roosevelt ~